

Creating and sustaining therapeutic re-parenting in out of home care

Enhancing placement outcomes for children and young people through trauma based integrative practices of care

A workshop with Kate Cairns (England)

Therapeutic care is at the forefront of international efforts to reform out of home care. Kate Cairns has been a leader in conceptualising and evolving effective practices of care for children who have experienced abuse and neglect. Drawing on theory and research about attachment, trauma and resilience, this workshop centres on how to create and support placements for children that are therapeutic in their intent. It will examine the critical ideas for foster care workers, child protection workers, residential workers, education personnel and other therapeutic staff to consider in implementing effective case plans for children with complex needs and challenging behaviour. Firmly based in the day to day reality of living and working with traumatised children, the workshop will provide practical strategies for planning, integrating and monitoring strategies that meet the needs of individual children at home, school and other important relational environments. It also offers clear frameworks for how to support carers to undertake therapeutic re-parenting roles.

Learning outcomes:

- Understand what traumatised children need from out of home care placements
- Explore the core dimensions of therapeutic re-parenting
- Use secondary trauma as a model to make sense of the impact of caring
- Integrate ways to prevent and treat secondary stress disorders in children in care
- Identify effective strategies to better resource carers to enable them to stabilise and transform children's trauma
- Conceptualise how to build and use effective care teams involving carers, schools, biological parents, protective workers, teachers and other relevant professionals

Kate Cairns is the Training Director and a founder of Akamas, a UK-based training organisation which provides unique online qualifications for foster carers, teachers and others who live and work with vulnerable children. Kate is a highly regarded and inspiring face-to-face trainer and lecturer, and is a Fellow of the Royal Society of Arts.

Her books have gained a wide following, thanks to their accessible blend of succinct theoretical insight and practical help. **These popular books are:**

- *Surviving Paedophilia;*
- *Attachment, Trauma and Resilience;*
- *Trauma and Recovery;* and
- *Learn the Child.*

As well as a social worker, Kate is a former foster parent who along with her family provided permanent care to twelve foster children between 1975 and 1997. Kate then became a trainer and consultant with BAAF (British Association for Adoption and Fostering), before the establishment of Akamas in 2003.

Seminar Dates	Melbourne:	28/4/08	Hobart:	21/4/08
	Adelaide:	1/5/08		
	Perth:	5/5/08	Sydney:	8/5/08
	Brisbane:	12/5/08	Canberra:	28/5/08

Cost: \$240
(GST Inclusive)

For further enquiries, contact Liz Alexander on training@childhood.org.au
Or register on our website, by fax (form overleaf) or by phone

www.childhood.org.au

1800 176 453

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Reservations (\$240 GST Inclusive)

I would like to reserve my place at the Kate Cairns workshop in

Melbourne: 21/4/08

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Adelaide: 1/5/08

Perth: 5/5/08

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Brisbane: 12/5/08

Canberra: 28/5/08

All venues are in central city locations. Lunch and refreshments are included in the fee. Confirmation will be issued with all details upon payment of workshop fees. All workshops run from 9.30am - 4.00pm.

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Registration options

- Register online at www.childhood.org.au
- Fax completed form to (03) 9879 7388
- Ring 1800 176 453
- Attach completed form and payment and return to Australian Childhood Foundation PO BOX 525

Cancellation Policy: Workshops are often over subscribed. Payment of fees in full are required to guarantee your registration. All cancellations will incur a \$20 administration fee. No refunds will be given if a cancellation is received within fifteen days of the workshop date. The workshop may be discontinued if there are insufficient registrations. In this event, all registered participants will be notified and will receive a full refund.